

THE **HARMONY**
OF **COLOUR** SERIES

BOOK FORTY SEVEN

GHOSTS AND GHOULS

RELAX AND UNWIND WITH
ADULT COLOURING

AUST \$12.95 NZ \$12.95 INC GST

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THE **HARMONY**
OF **COLOUR** SERIES

B O O K F O R T Y S E V E N

GHOSTS AND GHOULS

Stressed out at work? Are the pressures of the world getting you down? We guarantee relaxation with these complex Zen and anti-stress colouring pages for adults.

Harmony of Colour Book Forty Seven: Ghosts and Ghouls offers detailed images and patterns that are chosen by experts for their soothing properties.

Be aware of the overall harmony of your colouring rather than focusing on each element individually. Try to balance the colours so that they are a reflection of your emotions of the moment. If the colours of your page are in harmony, then your mind will follow!

Now... grab your pencils or textas and de-stress...

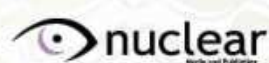


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PO Box 230
Double Bay NSW 1360
+612 9363 1464

Editor: Natalie Downs
Creative Director: Luke Shaddock
Managing Director: Michael Downs

All images: Shutterstock



“Now it is the time of night
that the graves, all gaping wide,
every one lets forth his sprite
in the church-way paths to glide.

— William Shakespeare —



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“We chase after ghosts and
spirits and are left holding
only memories and dreams.
It’s not that we want what we
can’t have; it’s that we’ve
held all we could want and
then had to watch it
slip away.”

— Charles De Lint —



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"Ghosts are a metaphor for
memory and remembrance
and metaphorically connect
our world to the world we
cannot know about."

— Leslie What —



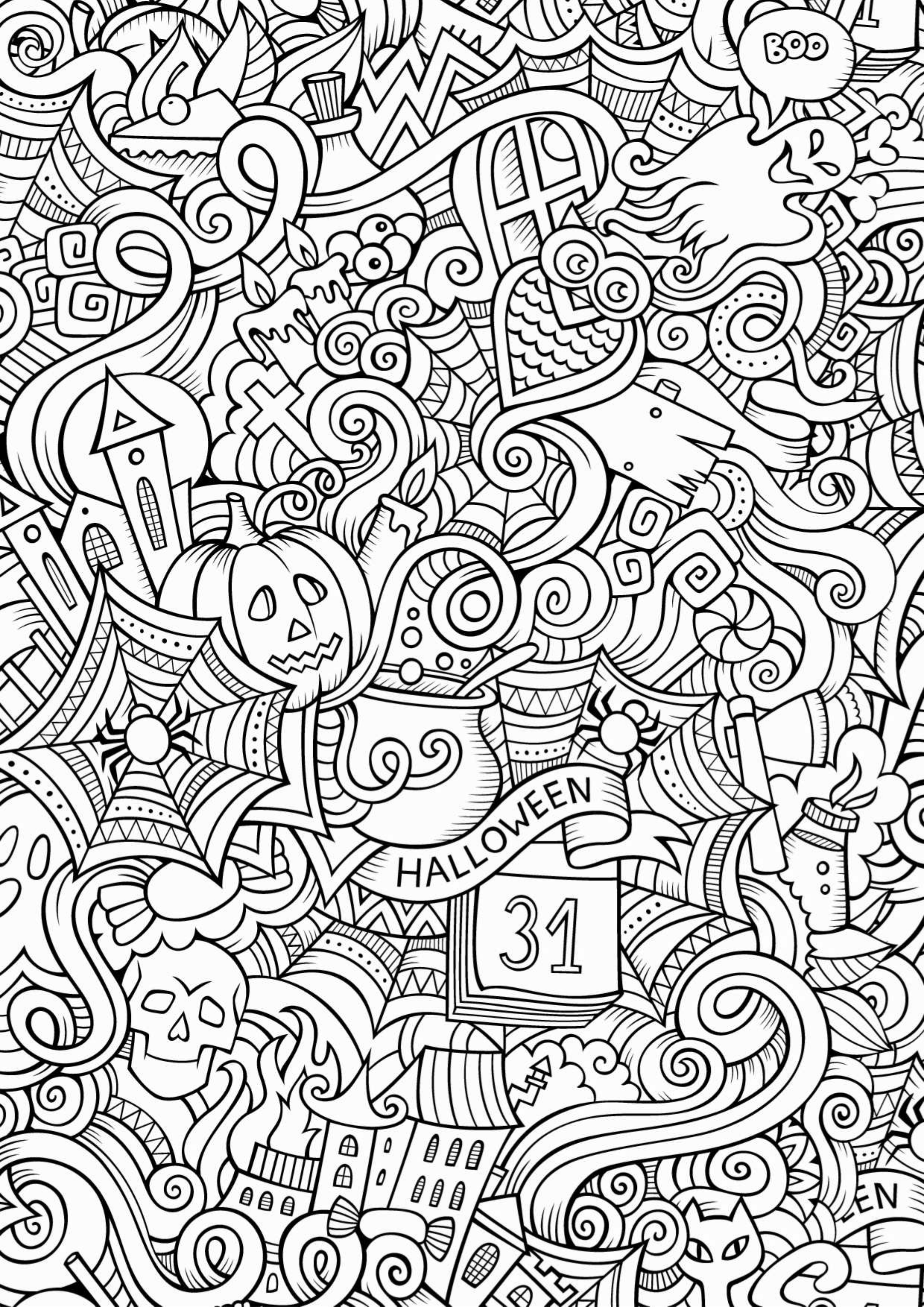
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“The lawn
is pressed by unseen
feet, and ghosts return
gently at twilight, gently
go at dawn,
the sad intangible who
grieve and yearn....”

— T.S. Eliot —



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“The oldest and strongest
emotion of mankind is fear,
and the oldest and strongest
kind of fear is fear of the
unknown.”

— H. P. Lovecraft —



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“One disagreeable result of whispering is that it seems to evoke an atmosphere of silence, haunted by the ghosts of sound - strange cracks and tickings, the rustling of garments that have no substance in them, and the tread of dreadful feet that would leave no mark on the sea-sand or the winter snow.”

— Charles Dickens —



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“I think that true horror is
accomplished by slowly
getting into your brain. The
old way is much more scary.”

— Sergio Aragones —



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“When you say ‘fear of the unknown,’ that is the definition of fear; fear is the unknown, fear is what you do not know, and it’s genetically within us so that we feel safe. We feel scared of the woods because we’re not familiar with it, and that keeps you safe.”

— M. Night Shyamalan —



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“It’s said that All Hallows’ Eve is one of the nights when the veil between the worlds is thin - and whether you believe in such things or not, those roaming spirits probably believe in you, or at least acknowledge your existence, considering that it used to be their own.”

— Erin Morgenstern —



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“The thing I find really scary about ghosts and demons is that you don’t really know what they are or where they are. They’re not very well understood. You don’t know what they want from you. So it’s the kind of thing you don’t even know how to defend yourself against. Anything that’s unknown and mysterious is very scary.”

— Oren Peli —



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“If dreams are like movies,
then memories are films
about ghosts.”

— Adam Duritz —



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“Everything becomes magnified
at night. Sounds travel in a
different way. It’s dark, and
everything seems far
more spooky.”

— Jo Brand —



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“I have always loved the Day of the Dead - a chance to celebrate death rather than to treat it like that awful scene in the cemetery.”

— Andy Dunn —



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“I’ve always felt that if you
back down from a fear, the
ghost of that fear never goes
away. It diminishes people.”

— Hugh Jackman —



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“I don’t mind UFOs and ghost stories, it’s just that I tend to give value to the storyteller rather than to the story itself.”

— Robert Stack —



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“Behind every man now
alive stand thirty ghosts, for
that is the ratio by which the
dead outnumber the living.”

— Arthur C. Clarke —



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“On the other hand, what
I like my music to do to me
is awaken the ghosts inside
of me. Not the demons,
you understand, but
the ghosts.”

— David Bowie —



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“I’m not afraid of werewolves
or vampires or haunted
hotels, I’m afraid of what
real human beings to do
other real human beings.”

— Walter Jon Williams —



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“If the living are haunted
by the dead, then the
dead are haunted by their
own mistakes.”

— Chuck Palahniuk —



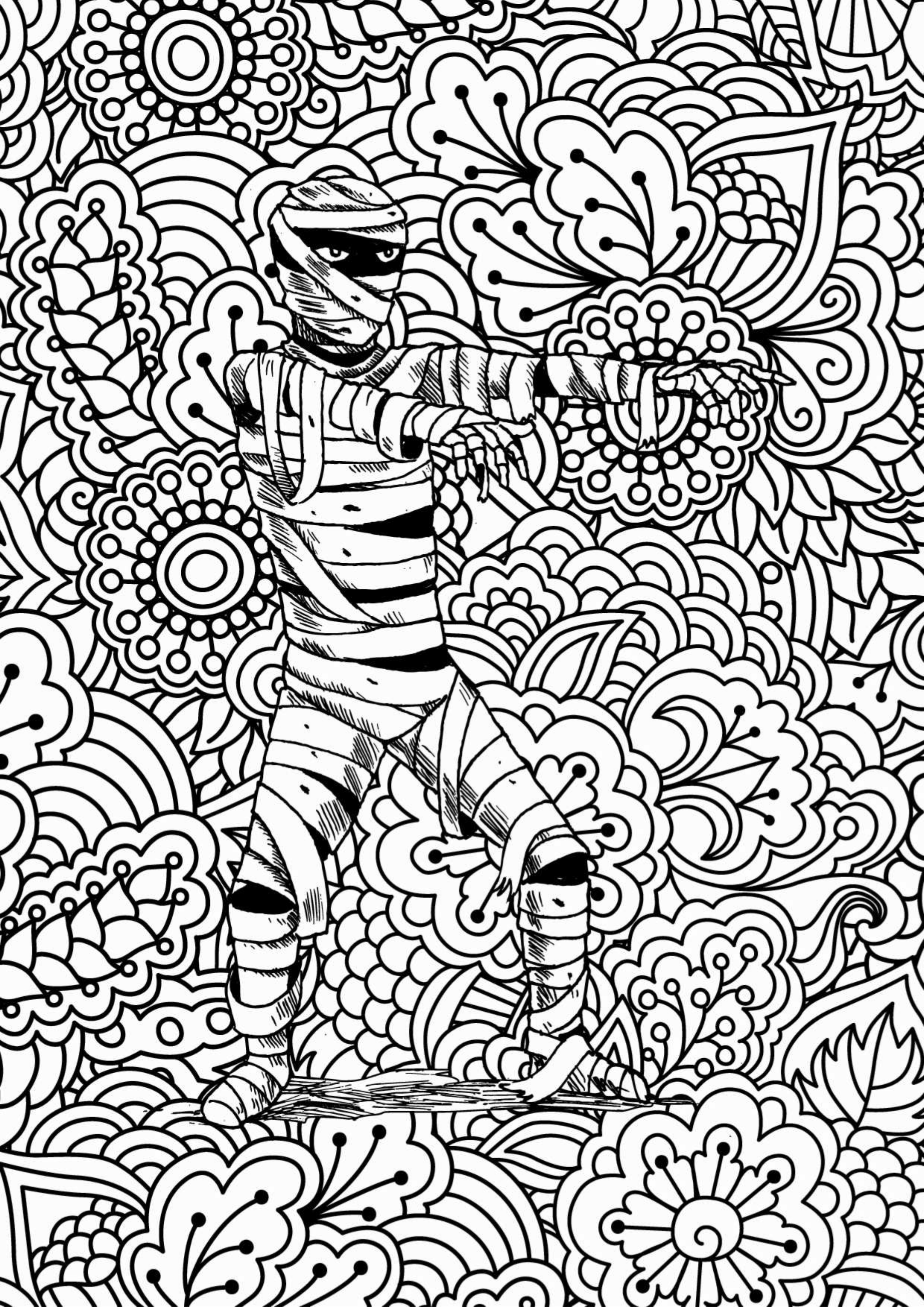
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“Nature is a haunted
house -- but Art -- is a
house that tries to be
haunted.”

— Emily Dickinson —



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“A house is never still in
darkness to those who listen
intently; there is a whispering
in distant chambers, an
unearthly hand presses the
snib of the window, the latch
rises. Ghosts were created
when the first man woke in
the night.”

— J.M. Barrie —



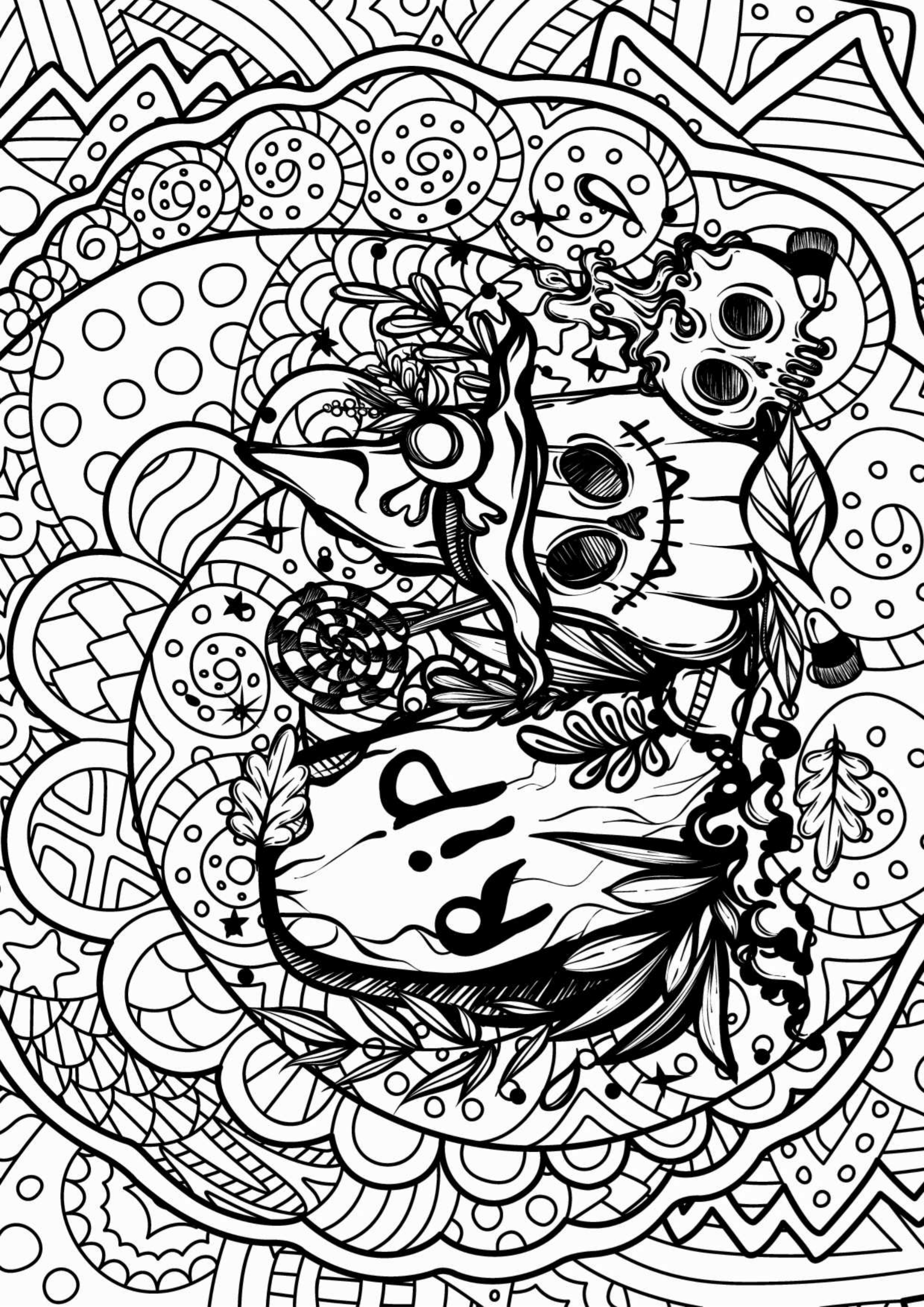
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“There are two different stories in horror: internal and external. In external horror films, the evil comes from the outside, the other tribe, this thing in the darkness that we don’t understand. Internal is the human heart.”

— John Carpenter —



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“Horror is like a serpent;
always shedding its skin,
always changing. And it will
always come back. It can’t
be hidden away like the
guilty secrets we try to keep
in our subconscious.”

— Dario Argento —



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“Demons are like obedient
dogs; they come when they
are called.”

— Remy de Gourmont —



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“Which is the true nightmare,
the horrific dream that you
have in your sleep or the
dissatisfied reality that awaits
you when you awake?”

— Justin Alcala —



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“We’d stared into the
face of Death, and Death
blinked first. You’d think that
would make us feel brave
and invincible. It didn’t.”

— Rick Yancey —



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“Alone. Yes, that’s the key word,
the most awful word in the
English tongue. Murder doesn’t
hold a candle to it and hell is
only a poor synonym.”

— Stephen King —



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“The narrator, I think, must
succeed in frightening
himself before he can think of
frightening his reader.”

— E.F. Benson —



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“We need ghost stories because
we, in fact, are the ghosts.”

— Stephen King —



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“Courage is resistance to
fear. Mastery of fear, not
absence of fear.”

— Mark Twain —



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“I learned that courage was
not the absence of fear, but
the triumph over it. The brave
man is not he who does
not feel afraid, but he who
conquers that fear.”

— Nelson Mandela —



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“Some people ask why people would go into a dark room to be scared. I say they are already scared, and they need to have that fear manipulated and massaged. I think of horror movies as the disturbed dreams of a society.”

— Wes Craven —



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“You gain strength, courage,
and confidence by every
experience in which you
really stop to look fear in the
face. You are able to say to
yourself, ‘I lived through this
horror. I can take the next
thing that comes along.’”

— Eleanor Roosevelt —



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“Monsters are real, and ghosts
are real too. They live inside us,
and sometimes, they win.”

— Stephen King —



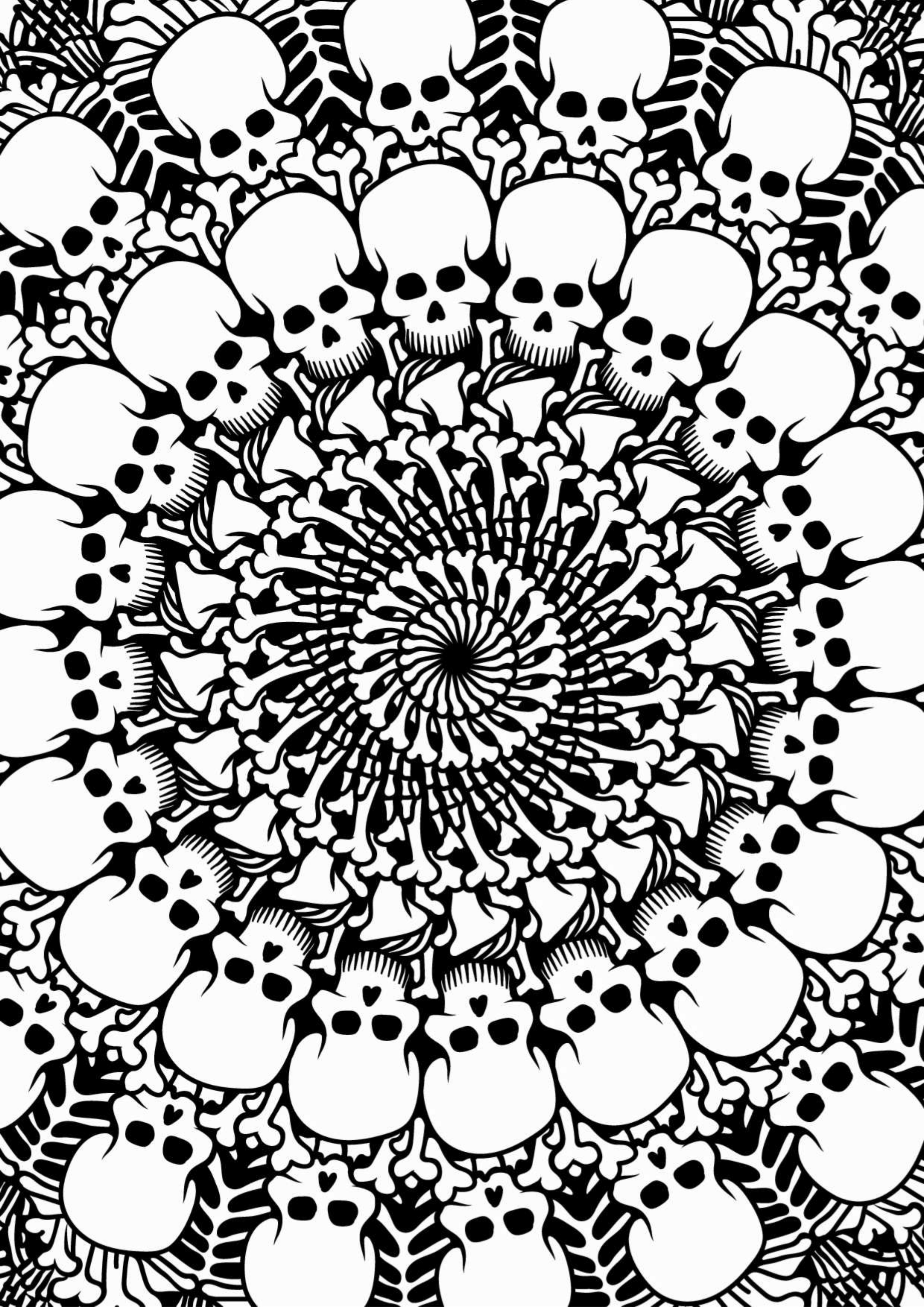
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“Terror made me cruel.”

— Emily Bronte —



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“What are these,
so wither’d, and so wild
in their attire;
that look not like the
inhabitants o’ th’ earth,
and yet are on ‘t?”

— William Shakespeare —



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